Chai Holistic Health Services

Foundations of Therapeutic Touch® Online Course

February 6, 8 & 9, & 22, 2025 PLUS BONUS session February 27

Contemporary research demonstrates that Therapeutic Touch® (TT) can be used to promote relaxation, reduce anxiety and pain, and promote healing for self and others. TT is a non-invasive, holistic approach that supports the body's own natural healing resources. Through use of the hands, variations in the human energy field are identified and the practitioner can facilitate balance in the field**.** Basic assumptions underlying the practice of TT, supporting theoretical frameworks, the TT process, and research will be addressed. Through interaction, demonstration, practice, and discussion you learn beginning skills in the process of Therapeutic Touch. This course supports the development of foundational skills for practicing Therapeutic Touch with self and family, and is the first course in becoming a recognized Therapeutic Touch practitioner. For further course information go to: https://chaiholistichealthservices.coachesconsole.com/foundations-therapeutic-touch-registration.html

Location: ZOOM Platform

Dates & Times: Thursday, February 6, 6-8 pm MT; Saturday & Sunday February 8 & 9 & Saturday, February 22, 8 am to 12 pm MT, plus BONUS session Thursday February 27, 6 – 8 pm

Total Recognized Contact Hours **= 12 hours**

Registration Deadline is Wednesday January 29, 2025 ***Note: Registration is limited with this ZOOM offering, so register early to avoid disappointment.**

Fee: $220 CDN (includes all sessions, a detailed course workbook **plus two BONUSES**:

a. Paid **PTTN membership** for first time, new, non-member participants (value $30)

b. A two-hour **FOLLOW-UP SESSION:** Thursday February 27, 6 – 8 pm MT (value $37)

Course Facilitators:

Dr. Chery Ann Hoffmeyer, PhD, RTTT, QTTT

Chery Ann has been practicing Therapeutic Touch (TT) since 1984 and teaching TT since 1988, TT has become a lifeway for her. She brings a wealth of knowledge and experience directly from TT's co-founders Dora Kunz and Dr. Dolores Krieger Ph.D. with whom she studied extensively. Chery Ann looks forward to sharing her passion for TT and her knowledge and experiences with you.

Sherry Crann-Adair, RTTP, Student TT Teacher

Sherry lives in Strathmore, Alberta and is a member of the Prairie Therapeutic Touch Network. She is an RTTP who has been practicing Therapeutic Touch for 20+ years. She is currently working towards becoming a Recognized TT Teacher. Sherry looks forward to inspiring participants to continue their TT journey as she continues development of her teaching skills

Participants are asked to have two people with whom you can offer in-person TT with, one during the course and one for the final course assessment.

Registration application and fee must be received no later than **Wednesday January 29, 2025**

Registration & Payment: Complete the registration form online along with your full payment https://chaiholistichealthservices.coachesconsole.com/foundations-therapeutic-touch-registration.html

Registration Confirmation: Email confirmation will be sent when your completed registration form is received and you are accepted as a course participant.

Cancellation policy: Registration fee minus a $60 processing fee for cancellations up to Wednesday **January 29, 2025.** After this date there are no refunds.

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We look forward to starting your TT journey with you.

Chery Ann Hoffmeyer & Sherry Crann-Adair